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| --- | --- |
| PERSONAL INFORMATION | Name & Surname |
| PHOTO |  Address |
|  Telephone Mobile |
| Email address |
|  None |
|  SMS |
| Sex: female | Date of birth: | Nationality: Norwegian |

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| JOB APPLIED FORPOSITION | 1. week work placement in Vienna, Austria in March 2023

 Position: Nursing Assistant  |

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| WORK EXPERIENCE |  |

March 2022 – to today Nursing Assistant

Name and address of the company

* Assisting in the care and nursing of patients at the health center. Assisting the nurses with various tasks such as blood pressure measurement and generally helping patients out.

February 2022 – March 2022 Practice

Name and address of the company

* In the kindergarden I helped with meals, dressing and grooming. Participate in free play and other educational activities.

Summer 2021 Summer job

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| EDUCATION ANDTRAINING |  |

August 2018 to June 2021 course name – a certificate of grades achieved at lower secondary level

August 2021 to present day course name – a certificate of competence achieved after upper secondary June 2023 upper secondary vocational studies

PERSONAL SKILLS

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| Mother tongue(s) | Norwegian |  |  |  |  |
| Other language(s) | UNDERSTANDING | SPEAKING |  | WRITING |
|  | Listening | Reading | Spoken interaction | Spoken production |
| English | C1 | B2 | B2 | B1 | B1 |
|  |  |
|  | Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user [Common European Framework of Reference for Languages](http://europass.cedefop.europa.eu/en/resources/european-language-levels-cefr) |

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| Communication skills | I have good communication skills gained through my experience as a nursingassistant at Rissa health centre. Communication is important when I help patients and cooperate with other work colleagues. |

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| Job-related skills | * Good knowledge of health care, special caring for the elderly. I have gained that through my health care job.
* Copes well with stressful days and situations at work.
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| SELF-ASSESSM | ENT |  |  |  |
| Information processing | Communic ation | Content creation | Safety | Problem solving |
| Independent | Independent | Independent | Independent | Independent |

Digital skills

Levels: Basic user - Independent user - Proficient user [Digital competences - Self-assessment grid](http://europass.cedefop.europa.eu/en/resources/digital-competences)

Other skills

I have some carpenter skills gained through my dad who is a carpenter. Since I was little I always have helped him with small and large projects.

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| Driving licence | None |

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| ANNEXES |  |